

HEALTH LIAISON BOARD
02 April 2014 at 2.00 pm

At the above stated meeting the attached documents were tabled for the following items:

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| 5. | Review of Children's Centres | (Pages 1 - 12) |
| | Presentation for future plans following the review. | Heather Robinson |

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Sevenoaks Health Liaison Board

2nd April 2014

Heather Robinson
Sevenoaks District Children's Centre Manager

Sevenoaks Update

- From 1st April Sevenoaks children's centres are in two hubs, or clusters, which link to Clinical Commissioning Group areas
- Swanley, West Kingsdown, New Ash Green. West Kingsdown has reduced opening to 18 hours
- Dunton Green closed on 31st March – the catchment area now being part of Spring House
- Merry Go Round now 'closed' but services remain the same and in the same venues. Most of the catchment area now covered by Edenbridge centre.

Core Purpose

The Government believes that children's centres should have a clear core purpose focused on;

- Improving outcomes for young children and their families, with a particular focus on the most disadvantaged families, in order to reduce inequalities in **Child development and school readiness;**
- Supported by improved:
Parenting aspirations, self-esteem and parenting skills;
Child and family health and life chances

Children's Centres specific targets

- % of infants being breastfed at 6 to 8 weeks from birth
- % of children in reception year at school who are obese

Breastfeeding 2012/13

- District average 48.2 %
- Kent average 39.3 %
- *But some concerns re accuracy of data*

- Highest rates Spring House 64.3%
- Lowest Swanley 29.9%

Obesity 2012/13

- National 8.8%
- Lowest rate Spring House 2.7%
- Highest rates West Kingsdown 9.3%

A selection of services

- Midwifery antenatal support at Spring House Edenbridge, Swanley,
- Health clinics at all centres some linked to other services such as Jumping Beans at Westerham.
- 1 and 2 year developmental health checks
- Breast feeding peer support group Edenbridge and Swanley
- Support groups such as Life with Baby group for first time parents at Spring House

A selection of services

- Services to support child development particularly around communication and language skills.
These include;
- Groovy Babies and Groovy Movers, Spring House
- Little Stars, New Ash Green
- Toddler Talk, Mini Explorers, Edenbridge
- Baby massage, Rhythm Babies, Swanley

Challenges and areas for development

- Health visiting services – implementation of Healthy Child Programme in Sevenoaks
- School readiness – linking in with Healthy Schools – packed lunches, eating with a fork
- Quit Smoking – particularly pregnant teens
- Healthy Lifestyles – community care
- Teen pregnancy

And more...

- Teen pregnancy – young parents and parents to be under 22 Edenbridge and Swanley Tiny Toes
- Big Feet Little Feet Family Life - Swanley
- Baby Resuscitation
- Health Trainers

More challenges...

- Good data and use of data
- Diminishing children's centre resources and need to maximise our joint working including volunteers

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